

036: Essentials for Leadership - 6.0 CEUs

CEU: 6.0

Duration: 19hours 00minutes

Tuition: \$5,700



Teachers:

- Nelson Ilodigwe PhD. (Dr. Ilodigwe holds a B.A. in Political Science and an M.P.A. in Public Administration from Texas Southern University, and a Ph.D. in Management and Organizations from the University of California, Los Angeles (UCLA).)

Course Topics:

- Managers & Leaders

Program Locations & Dates:

- Paris, France: Jul 13-17
- Houston, Texas USA: Aug 3-7

Program Tags:

- Leadership

About Course

This Essentials for Leadership course provides the foundational skills needed to lead teams and drive results in today's fast-paced, diverse organizations. Participants will gain critical insights into leadership styles, emotional intelligence, group dynamics, and how personal preferences shape leadership behaviors. The course prepares rising leaders to inspire, influence, and manage effectively across all levels of the organization.

Course Overview

Essentials of Leadership identifies several of the skill sets that great leaders possess. Through engaging lectures delivered by Americas Empowerment Institute Faculty, dynamic discussions with colleagues, and hands-on workshops, participants explore the most crucial areas of leadership. Participants emerge from the program with fresh insights into how to be better decision makers, leaders of people and groups, and agents of organizational change.

Course Objectives

- Understand how emotional intelligence influences leadership effectiveness
- Explore different leadership styles and how they impact group outcomes

- Improve decision-making skills and manage change initiatives more effectively
- Develop stronger awareness of personal leadership preferences and how to adapt them
- Foster productive team dynamics and encourage risk-taking and accountability

Learning Outcomes

- Identify and apply the most effective leadership style for a given situation
- Analyze group behavior and improve group decision-making processes
- Lead change initiatives with confidence and strategic insight
- Understand how personality and environment shape leadership behavior
- Build trust, accountability, and motivation within teams

Course Outline

- **Leadership Styles and Emotional Intelligence**
 - Scope and objective
- **Leadership Styles and Managing Change**
 - What are the key action steps needed to plan and implement change?
 - What leadership style promotes change adoption?
 - What makes it difficult for leaders to adopt more effective change styles?
 - Strategies to overcome resistance during organizational change
- **Leadership and Group Dynamics**
 - Why do some groups work effectively while others struggle?
 - How personal traits influence roles within a group
 - Creating a climate that motivates risk and responsibility
- **Leadership and Personality**
 - Influence of environment versus preference on leadership behavior
 - Identifying others' preferences to enhance collaboration
 - Adapting leadership strategies for individual and team success

Why This Course Matters

Ravi Menon

Team Leader, India

"Essentials for Leadership reshaped the way I understand group behavior and motivation. It gave me new tools to build stronger, more agile teams."

Amara Jallow

Operations Manager, The Gambia

"This program was both insightful and practical. Understanding how my own preferences affect leadership decisions helped me build trust across departments."

Carlos Mendes

Supervisor, Brazil

"A must-attend for emerging leaders. It's helped me support my team more effectively and influence others with greater confidence."

Course Content

Module 1: Leadership Foundations and Emotional Intelligence

Examine emotional intelligence and the essential traits that shape effective leadership styles.

- Scope and objective of leadership
- Understanding emotional intelligence
- Self-awareness and leadership impact

Module 2: Leading and Managing Change

Explore leadership roles in driving transformation and adapting styles to inspire change.

- Planning and implementing change
- Leadership styles that promote adoption of change
- Overcoming resistance and obstacles

Module 3: Leadership and Group Dynamics

Analyze how leadership influences group collaboration, cohesion, and performance.

- Effective versus struggling group behaviors
- Role preferences and team interaction
- Motivating teams for responsibility and growth

Module 4: Personality and Leadership Behavior

Understand the interplay between personality, preferences, and effective leadership practices.

- Environmental and intrinsic influences
- Understanding personal preferences in leadership
- Adapting to and leading diverse personalities

Module 5: Decision Making and Organizational Impact

Develop sound decision-making capabilities aligned with leadership responsibilities and organizational change.

- Critical thinking for leaders
- Organizational transformation and leadership
- Sustainable leadership practices

| Target Audience

Essentials of Leadership is designed for lower and mid-level executives looking to improve their effectiveness working with individuals and teams.

| Certificate of Completion

Participants who successfully complete the Essentials of Leadership course will receive a Certificate of Completion. This certificate affirms your readiness to inspire and manage teams, apply emotional intelligence in leadership contexts, and drive meaningful organizational outcomes through strategic decision-making and collaboration.